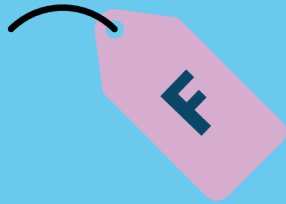


GENDER DIVERSITY 101

Key Terms



SEX ASSIGNED AT BIRTH

Label given based on physical anatomy at birth



GENDER IDENTITY

One's internal sense of self



GENDER EXPRESSION

Outward appearance/presentation

Remember: Gender $\neq$ Sexuality

Examples of Gender Identities

CISGENDER (cis)



aligns with sex assigned at birth

TRANSGENDER (trans)



differs from sex assigned at birth

NON BINARY



outside the woman/man binary

TWO SPIRIT



Indigenous identity. Combines gender, sexuality, spirituality, and roles in community

Pronouns

Always use the name and pronouns someone shares with you

Hi, I'm _____. I use _____ pronouns

Alex forgot **their** phone

Tips for allies

- 🔒 Respect privacy
- ✅ Correct mistakes
- 🗣️ Challenge discrimination
- 🗣️ Use inclusive language