

CARING FOR TRANS PATIENTS

THE DO'S AND DON'TS

DO'S



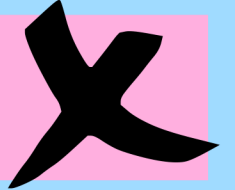
RESPECT NAME AND PRONOUNS

-Normalize the use of pronouns in introductions with everyone, not just people you think may be transgender

-Lead by example:

My name is Dr. Smith, my pronouns are he/him

DON'TS



ONLY RELY ON MCP OR ID CARDS

-Changing documentation takes time and money

-Continue to respect name and pronouns even if MCP hasn't been updated

ASSESS THE NEEDS OF THE PATIENT

-The bodies of trans patients may look different from expectations associated with a particular gender

-Treat the needs of the body, do not assume body parts based on gender expression or identity

GENDER BODY PARTS OR PROCEDURES

-This invalidates experiences of trans, non binary, and intersex folks

-Patient may have physical health needs based on their sex assigned at birth

-For example, trans men may need pap exams and trans women may need prostate exams

BE KNOWLEDGEABLE ABOUT YOUR PATIENT

-Ensure you have all accurate and relevant information

-If in doubt respectfully ask the patient

ASK QUESTIONS IRRELEVANT FOR TREATMENT

-Most treatment does not require information about a patient's genitals, surgeries, or coming out story etc

-Keep questions relevant to present treatment needs